

# 2024 Senior Care Alliance Conference Event Schedule

## Thursday, September 26, 2024

**Registration Open** 8 am – 8:30am

**Welcome** 8:30 am – 8:50am

**Continental Breakfast provided**

**Breakfast Sponsor: Mercy Crest Assisted Living**

**Breakout Session 1** 9 am – 10 am

*Nycole Oliver, APRN  
Baptist Health*

*Loft*

### **Caregiver Burnout; Compassion Fatigue**

**Description:**

Compassion fatigue and burnout result from the emotional strain of working with patients suffering from the consequences of traumatic events. Caregivers must be vigilant regarding compassion fatigue and burnout to be able to provide healthy, compassionate care to the people they serve.

**Objective:**

Define caregiver burnout and compassion fatigue.

Discuss symptoms of compassion fatigue and burnout.

Identify approaches for managing compassion fatigue and caregiver burnout.

**Breakout Session 1** 9 am – 10 am

*Colleen Atchley, APRN  
River Valley Primary Care Services*

*Classroom M307*

### **Silver Lining: Supporting Mental Health in Older Adults**

**Description:**

Depression in older adults presents unique challenges and considerations. This presentation aims to provide a comprehensive understanding of depression in older adults. Attendees will gain insights into the prevalence, risk factors, clinical presentation, and assessment of depression in older adults. Additionally, the presentation will cover evidence-based treatment approaches, including pharmacotherapy and psychotherapy, tailored to

the needs of older adults. Practical strategies for identification, intervention, and support will be discussed to enhance the quality of care and improve outcomes for older adults struggling with depression.

Objective:

Attendees will understand the prevalence and impact of depression in older adults.

Attendees will familiarize themselves with screening tools and brief interventions to identify older adults with depression.

Attendees will gain knowledge of treatment and management strategies for depression in older adults, including appropriate referrals for specialized treatment when needed.

## **Breakout Session 1**

**9 am – 10 am**

*Sharon Ledbetter*

*Classroom M310*

*American Foundation for Suicide Prevention*

*National Alliance on Mental Illness*

### **Talk Saves Lives**

Description:

Education program that provides participants with a clear understanding of this leading cause of death, including the most up-to-date research on suicide prevention and what they can do in their communities to save lives.

Objective:

Scope of the problem, latest data on suicide in the United States and worldwide.

Research information from Research on what causes people to consider suicide as well as health, historical and environmental factors that put them at risk.

Prevention: an understanding of protective factors that lower suicide risk and strategies for navigating mental health and being proactive about self-care.

What you can do: guidance on warning signs and behaviors to look for and how to get help for someone in a suicidal crisis.

## **Breakout Session 2**

**10:15 am – 11:15 am**

*April Cole*

*Classroom M310*

*Area Agency on Aging*

### **Financial Hardships Facing Our Older Adults who are living on a Fixed Income**

Description:

Economic strain is a problem that plagues many elderly Americans. This presentation is designed to educate our healthcare workers and Arkansans 60 and older options to maintain a desired quality of life in their home setting. Through many assistance programs are solutions for caregiver burnout, prescription cost challenges, home modifications, socialization with Seniors, food insecurity and many others.

**Objective:**

Attendees will learn about the Older American Acts grants which provide congregate meals, home delivered meals, transportation, and socialization opportunities.

Attendees will learn about the State Aging Services supplemental assistance program which helps provide home health, material aid, utility bill assistance, and assistance with glasses, dentures, power chair batteries, walkers, shower chairs, furniture, home repairs/modifications and others.

Attendees will learn about the Title III E caregiver and Respite Services grant which provides in-home respite care voucher, caregiver training, caregiver one on one information and assistance, and caregiver support groups.

**Breakout Session 2**

**10:15 am – 11:15 am**

*Nycole Oliver, APRN  
Baptist Health*

*Classroom 307*

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**Lunch provided**

**Lunch Sponsor: RiverGlenn Cremation & Funeral Services**

**Please enjoy your lunch during General Session 3**

**General Session 3**

**11:30 am – 12:30pm**

*Todd Whatley, PA*  
*Generations Legal Group*

*Loft*

**Medicaid Misconceptions**

Description:

There are many things about long term care Medicaid that you think are true. Many (if not all) are misconceptions that this lecture will clarify.

Objective:

The attendee will learn the Medicaid rule for a married couple.

The attendee will learn the Medicaid rules regarding a single person.

The attendee will learn exceptions to the gifting rules as it pertains to the five-year look back.

**General Session 4**

**12:45 pm – 1:45 pm**

*Dr. John Lane*  
*UAMS West*

*Loft*

**Aging and the Body**

Description:

Describe and consider the significance of typical age-related changes in humans.

Objective:

Describe some typical and likely inevitable changes to the human body related to aging.

Describe some changes that are not inevitable.

Consider interventions to adapt to aging.

## **Breakout Session 5**

**2 pm – 3 pm**

*Stevi McCain, MS CCC-SLP, CDP  
Speech Therapy*

*Loft*

### **Successful Communication & Dementia**

#### **Description:**

An educational discussion on the communication changes with Dementia, the Do's and Don'ts for successful communication, and a Q&A opportunity to discuss specific needs.

#### **Objective:**

Caregivers will be able to connect cortical changes during dementia progression with communication difficulties.

Caregivers will be able to identify unsuccessful communication techniques.

Caregivers will be able to identify and demonstrate successful communication techniques.

## **Breakout Session 5**

**2 pm – 3 pm**

*Nicole Licardi  
Crawford County Veteran Service Officer*

*Classroom M307*

### **Veteran – You're Entitled!**

#### **Description:**

This presentation is to educate healthcare professionals providing an understanding of Veteran benefits in the home setting. Veterans have many benefits available that could potentially increase their ability to remain in their home. Details will be provided so healthcare professionals can assist a Veteran with the documentation required for claims requesting services such as aide assistance, bathroom remodels and more.

#### **Objective:**

Attendees will learn what it means to be "service connected" and the benefit options.

Attendees will learn how to assist a Veteran to file a claim requesting the services required to increase the Veteran's quality of life.

Attendees will learn what Veteran services can be provided to the Veterans' spouse.

## **Breakout Session 5**

**2 pm – 3 pm**

*Tye Weaver, BS*  
*Heartland Financial*

*Classroom M310*

### **Poverty Hurdles for Medicare Beneficiaries**

#### **Description:**

We will be exploring the challenges faced by many Medicare aged people, and how their income affects coverage options and selections.

#### **Objective:**

Understanding Medicare

Identify and understand basic economic traits of Medicare aged individuals.

Explore how Health Insurance companies are providing more than just health benefits to low-income seniors.

## **Breakout Session 5**

**2 pm – 3 pm**

Sharon Ledbetter  
*American Foundation for Suicide Prevention*  
*National Alliance on Mental Illness*

Classroom M312

### **Talk Saves Lives**

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Scope of the problem, latest data on suicide in the United States and worldwide.

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Prevention: a understanding of protective factors that lower suicide risk and strategies for navigating mental health and being proactive about self-care.

What you can do: guidance on warning signs and behaviors to look for and how to get help for someone in a suicidal crisis.

## **General Session 6**

**3:15 pm – 4:15 pm**

Dr. Pamela Gaborni, MD, HMDC, FAAHPM

### **Meeting the Needs of Older Adults with Serious Illness**

#### **Description:**

This presentation will describe the increasing needs of adults who are living longer with chronic illness and disability. We will explore the challenges that impede the provision of high quality Palliative Care in the community. We will also explore the opportunities to provide compassionate, person-centered care in older adults with extensive needs.

#### **Objective:**

Describe the increasing needs of adults who are living longer with chronic illness and disability.

Discuss challenges that impede the provision of high-quality Palliative Care in the community.

Discuss opportunities to provide compassionate, person-centered care in older adults with extensive needs.

## **Closing and Door Prizes**

**4:15 pm – 4:30 pm**

# 2024 SCA Annual Conference Event Schedule

## Friday, September 27, 2024

**Registration Open**

**8 am – 8:30am**

**Welcome**

**8:30 am – 8:50am**

**Continental Breakfast provided**

*Breakfast Sponsor: Mercy Crest Assisted Living*

**Breakout Session 7**

**9 am – 10 am**

*Lance Glenn, BS*

*Loft*

*River Glenn Cremation & Funeral Services*

### **Cremation vs Earth Burial**

Description:

Overall knowledge of the funeral industry in relation to cremation to Earth Burial Funerals. To assist and educate people on all options of pre-need arrangements.

Objective:

Educate on final arrangements.

Educate on pre-need options.

Educate on cremation rate.

**Breakout Session 7**

**9 am – 10 am**

*Terri Barnes, LPN*

*Classroom M307*

*Area Agency on Aging*

### **Elder Victim Crimes**

Description:

This presentation is designed for understanding who victims of elder crimes are, the types of crimes that elderly are at risk & how to prevent elders from being victims of crime. Once you are an elder victim of crime, what can you do about it and what treatments are available.



Objectives:

Attendees will understand who is at risk for elder abuse crimes.

Attendees will be familiar with the types of crimes that are risky for the elderly.

Attendees will become familiar with ways to prevent elder abuse crimes.

**Breakout Session 7**

**9 am – 10 am**

*John Hall, RPh*

*Classroom M310*

**Preventing Medication Errors in Older Adults**

Description:

Provide a practical approach for improving medication safety through medication error prevention. Guidance will be provided for those in community and health-system settings. Additionally, attention to special populations including geriatric patients will be given.

Objective:

Describe the rate of occurrence of medication errors among older adults and the related health care and societal burdens.

List factors that put older adults at risk for experiencing adverse drug events.

Describe three medication interventions and/or strategies to optimize medication use in older adults.

**Breakout Session 8**

**10:15 am – 11:15 am**

*Lance Glenn, BS*

*Classroom M312*

*River Glenn Cremation & Funeral Services*

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Overall knowledge of the funeral industry in relation to cremation to Earth Burial Funerals. To assist and educate people on all options of pre-need arrangements.

Objective:

Educate on final arrangements.

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Educate on cremation rate.

## **Breakout Session 8**

*Terri Barnes, LPN  
Area Agency on Aging*

**10:15 am – 11:15 am**

*Classroom M307*

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#### **Objectives:**

Attendees will understand who is at risk for elder abuse crimes.

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Attendees will become familiar with ways to prevent elder abuse crimes.

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*John Hall, RPh*

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*Classroom M310*

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*Nicole Licardi  
Crawford County Veteran Service Officer*

**10:15 am – 11:15 am**

*Loft*

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their home. Details will be provided so healthcare professionals can assist a Veteran with the documentation required for claims requesting services such as aide assistance, bathroom remodels and more.

Objective:

Attendees will learn what it means to be “service connected” and the benefit options.

Attendees will learn how to assist a Veteran to file a claim requesting the services required to increase the Veteran’s quality of life.

Attendees will learn what Veteran services can be provided to the Veterans’ spouse.

### **Lunch provided**

***Lunch Sponsor: Lewis Funeral Home***

**Please enjoy your lunch during General Session 9**

### **General Session 9**

**11:30 am – 12:30 pm**

*Phil Whiteaker*  
*Sales/Marketing*

*Loft*

### **Having a P.L.A.N.**

Description:

Relationships Build Trust. Trust Builds Better Business. Phil is a motivated leader who values a handshake and personal relationships to navigate him through the professional world. His message of humor and real-life instances make him both relatable and entertaining.

Objective:

Attendees will learn about our role as healthcare professionals and nonprofessionals.

Attendees will learn how to set realistic goal setting.

Attendees will have a better understanding of the value of networking.

### **General Session 10**

**12:45 pm – 1:45 pm**

*Dr. Steve Belinga, MD, FAAN*  
*The Belinga Clinic*

*Loft*

### **Aging and the Brain**

Description:

This lecture will provide an overview of normal aging in the brain and discuss dementia in general, as well as give examples of the most common types of Dementia.

Objective:

To describe the physiology of aging on the brain

Define Dementia

Discuss different types of dementia

## **General Session 11**

**2 pm – 3 pm**

*David Cook, BA*

*Loft*

*Director of Government Affairs, Alzheimer's Association*

### **Advancing the Science: The Latest in Alzheimer's and Dementia Research**

#### **Description:**

This presentation provides an overview of the latest developments in Alzheimer's and Dementia Research, provides a detail of how the Alzheimer's Association is leading efforts to advance science that is getting us closer to realizing our vision of a world without Alzheimer's and other dementia. The research presentation is informed by our international convening of global researchers and will provide audience members with the latest developments in treatments, diagnostics, and behavior modification therapies to manage dementia related behaviors.

#### **Objective:**

Landscape of Alzheimer's and Dementia Science

Highlights in early detection and diagnosis

Latest Advancements in treatment, clinical trials, and lifestyle interventions to reduce risks.

## **General Session 12**

**3:15 pm – 4:15 pm**

*Dr. Philip Elangwe, MD*

*Loft*

*Family Medical Care*

### **Marijuana and the Elderly**

#### **Description:**

Overview of the use of marijuana in health care, how it affects people especially the elderly in the health care setting.

#### **Objective:**

Overview on marijuana in healthcare

Who qualifies for marijuana in healthcare

Marijuana in the elderly

## **Closing and Door Prizes**

**4:15 pm – 4:30 pm**